



Praying in the Anglican Diocese of Ballarat

We come to know, understand and love people when we spend time with them
- listening, talking, engaging, sometimes arguing, and sometimes sitting in silence.

That's what prayer is about - knowing, understanding and loving God. Feeling that God knows understands and loves each one of us.

This little group of prayers is a good starting point for prayer.

Every person prays differently and there is no right or wrong way to pray. Just try it and see what works for you.

Sometimes the prayers of other people can help us focus our hearts and minds on prayer. Sometimes it's silence or music or beauty that stimulates us to pray. Sometimes our anger or shock or sadness asks us to pray. Sometimes prayer is just "being" in a special place.

As the old NIKE shoe promotion used to say, *Just do it!*

The Right Reverend Garry Weatherill
Anglican Bishop of Ballarat

CONTACT DETAILS

FOR BAPTISMS, WEDDINGS,
FUNERALS AND TO LEARN
ABOUT FAITH AND PRAYER,
CONTACT YOUR LOCAL
PARISH CHURCH

DIOCESAN ENQUIRIES:

ANGLICAN DIOCESE OF
BALLARAT

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Ballarat Victoria AUSTRALIA 3350

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LORD TEACH US HOW TO PRAY



*A short guide to assist you
as you learn to pray*

PRAYERS FOR VARIOUS OCCASIONS

For Peace

For those who are fleeing: sanctuary
For those who are staying: safety
For those who are fighting: peace
For those whose hearts are breaking:
 comfort
For those who see no future: hope.
 Amen.

For Faith, Hope, and Love

Loving God, increase my faith, hope,
and love. May I receive all good
 things you promise,
 and love the things you love.
 I pray in the name of
 Jesus Christ our Lord. Amen.

For remembering those who have died

We give you thanks for your servants
in every age. Grant that we, with...
 and all your saints,
 may enter into the fullness
 of your unending joy.
Rest eternal grant unto them
O Lord. And may light perpetual
 shine upon them.

*Eternal God and Father, you have promised to hear those who pray
in the name of your Son. Grant that what we have asked in faith we may
obtain according to your will; through Jesus Christ our Lord. Amen.*

For Those in Need

God of mercy and pity,
I pray for the homeless,
the sick, the aged, and all who
have no-one to care for them.
Heal those who are broken in
body or spirit, turn their
 sorrow into joy.
Help those who minister to their
needs, for the love of your Son,
Jesus Christ our Lord. Amen.

For Grace

Go before us, O Lord,
in all our doings with your most
 gracious favour,
 and assist us with
 your continual help,
 that in all our works, begun,
continued and ended in you, we
 may glorify your holy name,
and finally by your mercy obtain
 everlasting life;
through Jesus Christ our Lord.
 Amen.

THE LORD'S PRAYER

Contemporary Version

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who
sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.

Traditional Version

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who
trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.